

# WHO ARE HOUSEHOLDERS?

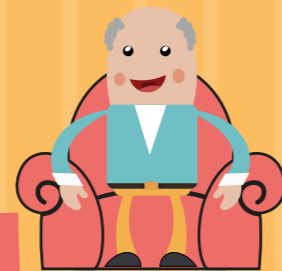
Householders are people who need practical support and companionship at home. They could benefit from a little support with their daily challenges, to help maintain their independence



This programme is ideal for people who are finding it hard to live independently but who are unable to afford social support



If you have a spare room and would like a helping hand, then Homeshare could be an affordable solution for you. You could get help with things like cooking, housework, shopping, help with computers and gardening.



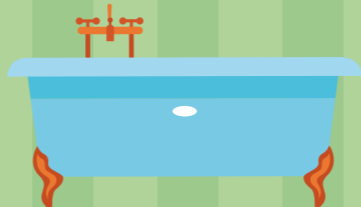
Studies have shown that feeling lonely can have a bad effect on your health, no matter what your age. Homeshare provides you with companionship, which can improve your health and wellbeing.

# WHO ARE HOMESHARERS?

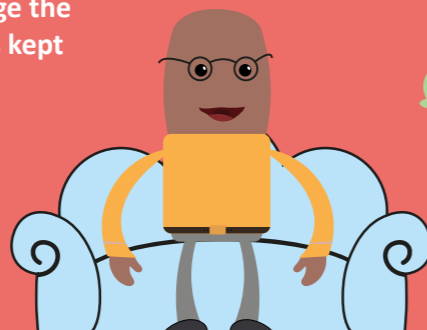
A Homesharer is a younger person in your community, looking for affordable accommodation. Homesharers are friendly and willing to help in exchange for the spare room.



They commit to 10 hours of support each week. That amounts to 40 hours of support a month for the householder!



Homesharers and Householders pay a small monthly fee so we can manage the programme, make sure everyone is kept safe and help with any problems.



Some benefits of Homeshare:

- A service for people not eligible for council support
- Reduces isolation and loneliness
- Enables people to live independently in their own home
- Reduces the risk of falls and ill-health, and delays the need for health and social care services
- Affordable accommodation for workers in London

# Homeshare

## Our journey, together

If you want to know more about being in a Homeshare programme or know someone who could do with an extra pair of hands then fill in this short form, tear it off and freepost it back.

Name:

Address:

Contact phone no:

Email address (if you have one):

I would like to receive more information about becoming a Householder or Homesharer.

Please tick which methods you would prefer to be contacted by:

Post    Phone    Email

MOISTEN HERE AND FOLD IN HALF

MOISTEN HERE AND FOLD IN HALF

TEAR HERE TO DETACH



**FREEPOST RSJX-TZRC-YSZZ  
376-378 PINNER ROAD  
HARROW  
HA2 6DZ**

# CONTACT US



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[www.novus-homeshare.org.uk](http://www.novus-homeshare.org.uk)



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# Homeshare

Our journey, together

## HOMESHARE

IS WHEN A HOUSEHOLDER  
OFFERS A SPARE ROOM  
IN EXCHANGE FOR  
10 HOURS SUPPORT.

# Homeshare

Our journey, together

## HOUSEHOLDER

(someone who would like  
a helping hand and has a  
spare room)



## HOMESHARER

(someone who can provide 10  
hours of support each week)



## HOMESHARE

Homeshare matches people  
who need help or support around  
the house with people who need  
accommodation and are  
willing to help.



Registered Charity no. 1143811

Homeshare  
Our journey, together

